

My name is Alain J Leclerc, CEO of the multimedia enterprise, alainleclerc.com, and writer under the penname, Alain Leclerc.

I am glad and proud to present you my 3rd book, a book in psychology about human relationships. The title is: The Real Being (human relationships).

I began to write it at the beginning of this century, especially after my degree in psychology from the University of Sherbrooke in Québec. Of course, I used all the knowledge and information I have such as books, texts, documentaries, videos, and my life experiences.

It is, of course, a book of psychology, as it refers to human behavior from the self (himself or herself) to one another and others. The difference between them is in the plurality. One another is a couple, and two or more are a group, as in a classroom, a sports team, a music band, a business company, a town, a society, or even the world at its biggest. Will this book bring solutions to all the world's problems, of course not, but it will bring theories that have been proved and concepts that have been defined, and therefore all you have to do is to bring goodwill to come to a good conclusion, and good is the meaning that something good comes out of it, and brings an experience that might help in the future for a better unity. In self, with others, and with the society.

I am, you are, he or she is, we are, you are, they are. The present tense of “to be” according to the subject. However, to be real in this modern world is: I am, you are, he or she is. The singular takes over and leaves at the plural all the questions: Where are our relationships? Are we human beings or automated beings ruled in a system where our senses and ideas are reduced? Do we talk to communicate or only to breathe out to free our stress and let our lungs work out?

The question is: will it be a psychology of communication or a communication on psychology?

You will note of course my theological as well as psychological and philosophical backgrounds. From another point of view, psychology takes a distance from philosophy only at the end of the 19th century. Philosophers have written on psychology and

psychologists use philosophical concepts. Theology will help me to strengthen my thinking power and to imply theological values to emphasize psychological notions. I keep for myself another reflection for another book on theological values.

This book might be considered by many as something to think about, but hopefully, a motivation to improve yourself and your relationships.

I hope you like it.